

Sue Gardner



## Summer 2010 - Newsletter

Hi Everyone,

Do hope this newsletter finds you well and that you have been enjoying the summer.

### *NATURAL LIVERY YARD Opening 1st September*



I have been invited to start up a natural livery yard in East Chiltington which is a lovely little village just north of Lewes. The property is a 600 acre organic farm & I will be living in one of the farm cottages (The Stable Cottage) which consists of 24 acres spanning 5 hedged protected fields with 2 bespoke horse shelters 3 stables and lots of hard standing. I already have my barefoot liveries ready to join me and we are all excited to be a part of an ever growing holistic horse management facility. We can ride around the headlands of the property and it also boasts direct access to the South Downs Way! (I will be offering Equine Bed & Breakfast for those wishing to spend a few days exploring.

The 20 x 60 menage means I can teach from home and run some workshops & in the winter evenings my home will be available for anyone wishing to give entertaining & educational talks. So please get in touch if you would like to host an evening.

### **APPLIED EQUINE BEHAVIOUR**

Levels 1 & 2 ground and ridden skills are accredited and registered with the Open College Network but are sitting on the back boiler until we can find a college progressive enough to embrace them. Accreditation allows for funding which then gives potential for all horse owners to study horse behaviour so we will not give up on this! We are still passionate about spreading the word to horse owners that having a deep understanding of the innate behaviour of horses and of yourself is essential if you want to have a healthy and safe relationship, we will keep you updated on developments on funded courses.

The private version of the above courses have flourished this year and the desire to learn the innate behaviour of horses continues to grow and we will have our first five qualified A.E.B. Instructors soon out there helping to share the knowledge.

Heather Seems - Devon  
Rebecca Johns - Sussex/Kent  
Sun Tui Meyer - Sussex/Kent  
Steve Vergis - Greece  
Clare Noller - Sussex/Hampshire

**HORSE AGILITY** yep, think Dog Agility but with Horses!



This year saw the first of the Horse Agility training days and soon we will be running mini competitions on line and at liberty. so do let me know if this interests you and we can set up a venue in your area!

See [www.horseagilitygb.com](http://www.horseagilitygb.com) for further information on dates venues and costs

### **THINK LIKE A PONY...CLUB**

Lynn Henry.... author of Think Like a Pony books and co-author of Applied Equine Behaviour. Lynn is passionate about getting children to understand the innate behaviour of horses and to have fun whilst being safe. It is a fabulous alternative to conventional Pony Club and if you are interested in finding out more please visit her website.

[www.thinklikeapony.co.uk](http://www.thinklikeapony.co.uk)

### **LUCINDA MCALPINE**

*International Dressage rider*

I spent 12 days during Springtime teaching A.E.B. at the home of Lucinda McAlpine. It gave us a great opportunity to connect and watch each other. It was wonderful to watch Lucinda develop relationships with no tension and yet such exuberance from her horses which have been bred & raised in a herd, living out with wonderful bespoke field shelters to fit them all in! no rugs.. no shoes and yet still able to reach high levels in competition. Her ability to read the horse and understand its individual ability/potential is lovely and to watch her passion and desire to keep the horses dignity is wonderful, flex flex, long and low, praise, more praise, long low, flex, praise and yet more encouragement to engage the horses mind and soul.... high levels of excellence are achieved much faster this way. Rebecca Johns assisted me for 9 of these days and also brought her horse down from Sussex to have lessons with Lucinda and it was lovely to see her mare develop so quickly.

Lucinda will be coming to East Sussex on the 1st and 2nd of October and if you are interested in watching a demonstration or having a private lesson then please contact Rebecca Johns: 01342 825453 email: [rebecca@equineconnections.co.uk](mailto:rebecca@equineconnections.co.uk). For further information on Lucinda: [www.lucindamcalpine.com](http://www.lucindamcalpine.com)



Applied Equine Behaviour Clinic held at Lucinda McAlpines  
May 2010 : 'Building Confidence in the horses'

***ARE YOU INSURED FOR RIDING OUT NATURALLY.....***

Like to ride in your natural hackamore or bareback with a savvy string THERE IS NOW AN INSURANCE POLICY FOR YOU! [www.thegoodhorsemanshipociety.com](http://www.thegoodhorsemanshipociety.com)

If you are wishing to run a natural livery yard or become a natural horsemanship instructor THERE IS NOW A POLICY FOR YOU! [www.fidelius.co.uk](http://www.fidelius.co.uk)

These companies have recognised that having a horse trained through the understanding of the innate behaviour of horses is actually a safer option and therefore is worth insuring and cheaper policies are available if you have studied Natural Horsemanship.

2010 is proving to be a great year for raising our awareness and levels of horsemanship and I thank all of you who believe in it and live it in your daily lives.

Look forward to seeing you sometime this year!

My very best wishes,

Sue,  
AEB Senior Instructor  
HAAT Horse Agility Associate Trainer  
TLAP Think Like a Pony Associate Trainer  
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