

Sue Gardner



Winter 2010 - Newsletter

Hello Everyone!

I do hope you are all well and are enjoying this winter season.

The snow and ice has no doubt caused a fair amount of chaos for us all but it is the way that we deal with it that is important, so I hope you are all keeping a positive attitude!

In my 45 years of horse ownership this certainly was the most snow I can remember encountering.... Although I must remember that twenty of those years were in Australia! More bush fires, droughts and tropical rainfall! . Ummmm just as challenging.



Riding over the new property

Morgan, my Welsh Cob dislikes wearing a rug and last year, with all the snow I bought a supa dupa cosy well fitted rug with a half neck as he was going to be living out 24/7. Within 24 hours his droppings became loose, nothing had changed but the introduction to a medium weight rug... arg! What a decision to make with the snow still falling, but it had to come off and the droppings went back to normal.

This year the lovely, still very new rug, is hanging on the rug rail even though it was minus 6 and sure enough he had icicles in his mane and tail and frozen snow the size of golf balls in his fetlocks but he was warm in himself, they never cease to amaze us!



2011-2012 diploma course,
Applied Equine Behaviour

My new equestrian home!

I love living in East Chilton, it is both friendly and community based. I know people locally and I have met new friends in the area who are also interested in natural horsemanship and holistic horsemanship, the horses are settled, the arena did not freeze, who could ask for more!

I have decided to run my next diploma course slightly differently. There are 12 modules of two days over a two year period with 7 modules in 2010 starting in February with a horse free workshop. It is so important that we take the time without our horses to go through the evolution of the horse and his innate behaviour and how to apply this to training and to spend time focussing on becoming aware of the importance of our body

language and how our horses interpret us and how good they need us to be as communicators. This two day module is invaluable and open to all people who perhaps might just want to study this without continuing with the rest of the course. For dates and pricing and further information of the course please pop onto my website. The course is nearly full but if there is further interest I will put up an option of mid-week dates for a second course.

www.suegardner.co.uk

Horse Agility

I will be continuing with horse agility next year and on 26th February I am hosting Vanessa Bee who will be coming down to talk through how to judge these days for anyone interested in becoming a Horse Agility Associate Trainer. This is open to anyone who has experience in Natural Horsemanship and the training process behind BHS Trec Training. Please get in touch with me for further information or go directly onto the Horse Agility website to talk with Vanessa. www.horseagilitygb.com

Teaching at Stable Cottage, East Chiltington, Nr. Lewes

Workshops, half days one hour private lessons or group lessons are always available in my 20 x 60 arena. Whether you want to learn natural horsemanship, subtle body language, trailer loading, clipping with confidence or you wish to gain confidence on the ground or in the saddle, please get in touch with me and I can provide a bespoke plan for you and your horses needs.



Herb Walks

Herb Walks As I live on a 600 acre organic farm we have the opportunity to see many wild flowers and herbs and I will be organising walks where we will pick herbs and make some infusions, potions & creams for ourselves and our horses. These days will be run by Jo Rose who specialises in this field. Next: May 28th:

Other workshops of interest run by Jo Rose at Stable Cottage:

* Self selection animal aromatics

More information on herbs/aromatics: <http://www.rose-therapy.co.uk/id38.html>

* Structural Kinesiology:

Exploring muscles and stretching. 26th March.

More information on Jo's courses: <http://www.rose-therapy.co.uk/id26.html>

Subtle Body Language & Intention

Jo & I have joined together to share our knowledge within our chosen fields to run these subtle body & intention workshops. They have proven very popular so we will continue running them during the year. Next one is 19th February.

Information at: <http://www.rose-therapy.co.uk/id53.html>

Please do get in touch with me for further information.

So until we meet again, I wish you all the very best.

Sue,

AEB Senior Instructor
HAAT Horse Agility Associate Trainer
TLAP Think Like a Pony Associate Trainer
www.suegardner.co.uk

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